Future of Parks & Recreation

BerryDunn

Speaker Pat O'Toole

Feasibility Studies: North Dakota Regional Indoor Facilities

Grand Fork Park District

- Indoor Sports Facility
- Indoor Aquatic Facility

Fargo Park District

Fargo Parks Sports Complex

West Fargo

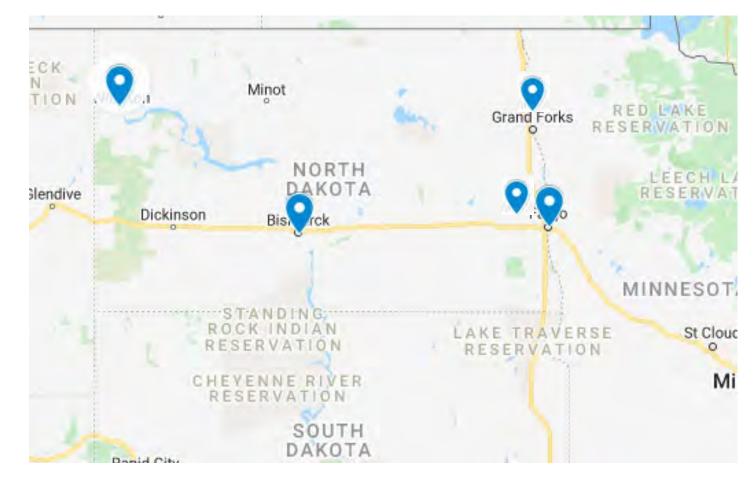
Hulbert Aquatic Center

Bismarck Parks and Recreation District

Indoor Recreation Center

Williston

Indoor Recreation Center

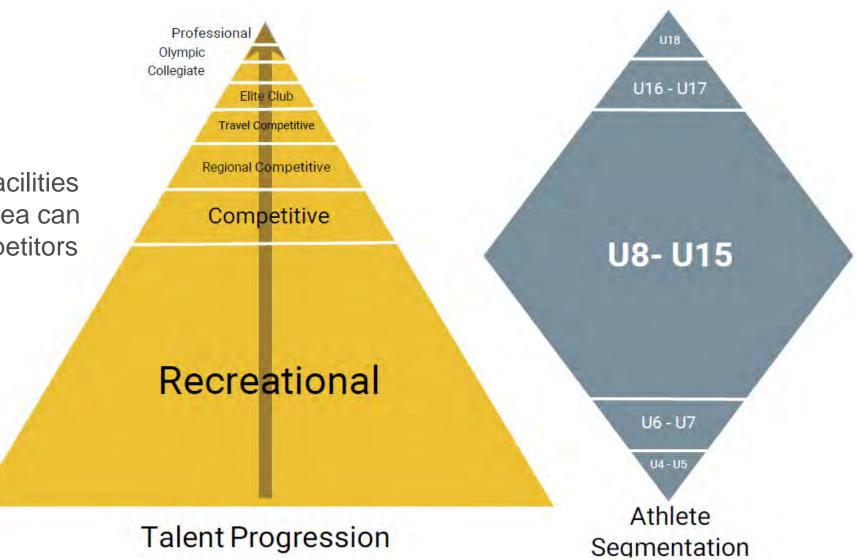




LRENDS

Sports Participation

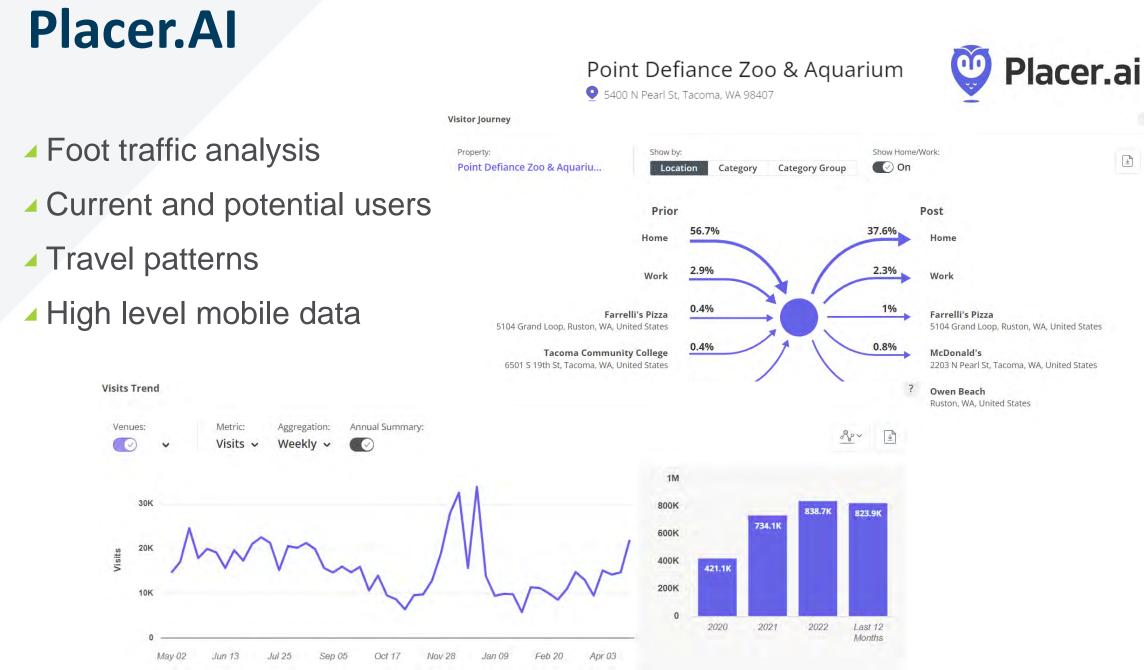
- Multipurpose
- Multigenerational
- Large Recreational Facilities in the same Market Area can be Allies versus Competitors
- Economic Impact



TRENDS







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Ages Under 13 Generation Alpha

- STEM Programs
- Summer & School Break Camps
- Nature-Related Programming
- Youth Fitness Trends
 - High Intensity Interval Training (HIIT)
 - Digital Fitness Media (VR Headsets)
 - Ninja Warrior Training
 - Family Fitness Classes & Obstacle Races
 - Youth Running Clubs





- Competition using video games
- Parkour Obstacle course training
- Outdoor Lifetime Interest Sports Tennis, golf, biking, jogging/walking

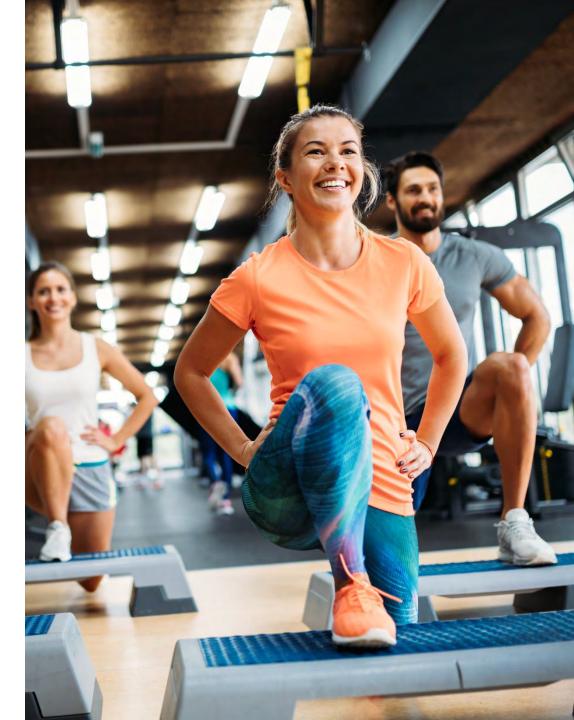
• Holistic Health

Activities to practice mindfulness, authentic living, support mental health, & disconnection from electronic media



Ages 25 - 54

- Millennials & Gen X
 Aerobic Activities Swimming, Weight Training Swimming, Weight Training
 - **Fun Fitness** lacksquareP90x, Insanity, & CrossFit
 - Yoga & Group Cycling Millennials prefer group programming
 - Cornhole (or Bags) *Low-impact, low-cost social activity*



Ages 55+ Baby Boomers

- Lifelong Learning *"Do-it-Yourself" & "How-to" Classes*
- Fitness and Wellness Yoga, Tai Chi, & Chair Exercises
- Specialized Tours Group Day Trips or Guided Tours
- Pickleball
 - 4.8 million players in U.S.



National, Regional & Local Panel of Your Peers

PANELISTS

Joe Barsh (Williston)

George Hellyer (Grand Forks)

Kevin Klipfel (Bismarck)

Benjamin Rae (Dickinson)

Amy Walters (Jamestown)

EMERGING TRENDS

What are new recreation trends you are seeing within your community?

Could they be replicated in other park districts across the state?

CHALLENGES

What challenges have you faced in your new role and how have you dealt with them?

FEASIBILITY STUDY

What were the biggest benefits of the feasibility study process?

What recommendations would you have for park districts considering undertaking a feasibility study?

LIMITED BUDGETS

How do you handle user requests for facilities or amenities with limited resources and budgets?

COMMUNITY

What is the most effective way to engage with the community and build meaningful relationships?

PERSPECTIVE

What are the major differences between parks and rec in ND and the state from which you came?

Anything you would like to see implemented in North Dakota?

Questions from the Audience?



Additional Questions

- What do you feel are the advantages to being a smaller organization?
- How do you measure the success of your recreation programs?
- What activities or events are most popular within your community?
- How do you support the popularity?
- How can Park Districts across the state be a resource for each other?
- What methods do you use to promote or market parks and recreation in your community?

Thank you!

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